

Dynamic Discipling: Counseling Prevention and Follow Up

AELM Workshop, March 2013

I. New Testament principles

A portrait of Christ-centered discipleship is “framed” by four principles:

Biblical Teaching



Ministry Involvement

Loving Relationships

Personal Accountability

The relevance of the Great Commission: Matt. 28:18-20

Christ-centered: The countenance of the portrait is attributed to the Spirit of Christ who indwells every true believer (Rom. 8:11). Here is the *dynamic* source of spiritual growth: "Christ in you, the hope of glory" (Col. 1:27; Phil. 2:13; John 14:17,18).

Grace-oriented: "Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and *learn* from Me ..." (Matt. 11:28,29).

- Biblical Teaching: 2 Tim. 3:16,17; 4:1-4; Titus 2:2-9; Eph. 4:12; Acts 20:27
- Loving Relationships: John 13:1; 15:12,13; Mark 3:14; Deut. 6:5-7
- Ministry Involvement: Luke 9:1-10; 10:1; Matt. 4:19; John 20:21; 1 Peter 2:9
- Personal Accountability: Luke 10:17-20; 2 Cor. 5:10

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Consider your discipleship journey in light of the following *contexts or spheres*:

Sphere 1: Personal walk

Sphere 2: One to one

Sphere 3: Small groups

Sphere 4: Congregational worship

Sphere 5: Inter-church/inter-denominational /inter-ministry networking

II. The relationship of grace discipleship to Exchanged Life counseling

Proactive: The fuller message of the Cross and identification with Christ should be normative in discipling new believers. Balanced [see above], dynamic discipling will significantly reduce the need for counseling!

Follow up: After a counselee enters into victory and concludes the formal counseling process, if there is no ongoing dynamic discipleship, he/she will be more vulnerable to “downers.” Spheres 1,2,3 [above] are vital contexts to encourage continued renewal and spiritual growth (2 Pet. 3:18).

III. Recommended resources (preliminary, not exhaustive)

Grace Fellowship International:

How to Exchange Your Life for a New One, by Phil Jones.
(5 lessons on evangelism and Christ-centered living)

For Me to Live is Christ, by Charles Solomon
(8 lesson inductive study that covers much of *Handbook to Happiness* + DVD)

Grace Discipleship Course (Basic and Advanced volumes), by Lee Turner
(12 lesson inductive Bible study for personal or small group use)

Dynamic Churches International www.dynamicchurches.org

Dynamic Life Handbook (17 inductive lessons, in print or (free) PDF editions, also available in other languages, designed for reproducing disciples as in 2 Tim. 2:2)

Download folder of the complete set at www.gfimultimedia.com / Church Renewal

Grace Ministries International www.gmintl.org

The Grace Life Handbook, by Barry Grecu and Scott Brittin
(24 topics/ 12 chapters, inductive Exchanged Life study)

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Living in Grace Ministries www.blueletterbible.org/devotionals/dbdbg/

Day by Day by Grace, by Bob Hoesktra

(One year of daily email devotional studies)

Scope Ministries International www.scopeministries.org

Be Transformed

(9 lesson Exchanged Life course)

Source of Light International www.sourcelight.org

CrossWalk 220: Cultivating the Christ-Life Within You, by Pat Dye

(13 lesson discipleship study for small groups)

Well of Life Ministries www.well-of-life.org

Treasures of Truth, by Altha and Greg Burts

(23 lessons, available freely online via video or MP3 audio with PDF notebook)

Participants are invited to write John with comments, questions, or recommended resources.

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