

Who are you, now that you are born again?

Knowing the answer to this question leads to a more secure, victorious and fruitful life. This booklet, designed as a devotional, will walk you through the book of Ephesians, building your confidence in your new identity in Christ.

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Now That I Am Born Again

By
David Lyons

Discover your new Identity in Christ

"Finally, be strong in the Lord, and in the strength
of His might" (Ephesians 6:10)

I am strong

Thank You that with You living in me,
I can face anything.

Thank You that every battle, test
and victory belong to You.

Thank You...

In response, I will press on, depending fully upon
Your power that works mightily in me.
(Colossians 1:2)

Word from the author

One day I went out to spend some extended time alone with God to pray through the responsibilities of my life and ministry. But when I arrived, I sensed Him saying, *Today we are not going to talk about what you can do for Me. We are going to focus on what I have already done for you.*

We spent that day in Ephesians, and I have been savoring the nuggets of truth He gave me ever since. I invite you to join me in understanding the miracle of being born again. Personalize each nugget by completing each sentence, applying it to your own life. Chew on one a day, or dive in and feast on a banquet of truth today.

One caution: Much later I added my response to each statement, which you'll see at the bottom of each page. Don't move on to your own response until you have allowed what God has already done to touch your heart and imagination.

David Lyons

This image shows a single page of white paper with horizontal black lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

In response, I believe that I can experience the same kind of one-ness with the Father that Jesus experienced. (John 17:22-23)

-We are members of His body" (Ephesians 5:30)

I am Christ's body

Thank You that although You once lived
among Your people in an elaborate tent, and
then You walked among us in a Gallilean body,
now You truly live in me.

Thank You that I am actually a
member of Your body.

Thank You...

In response, I offer the members of my body to
You, as Your hands, Your feet, Your lips, for Your
use. (Romans 12:1)

"[God] has blessed us with every spiritual blessing
in the heavenly places" (Ephesians 1:3)

I am blessed

Thank You for continually speaking well of me
and favoring me in every possible way.

Thank You...

In response, I will bless even those who hurt or
disappoint me. (Romans 12:14)

"[He] nourishes.... it, just as Christ also does
the church" (Ephesians 5:29)

I am nourished

Thank You for satisfying my thirst and hunger.

Thank You for the Bread of Life that fills me.

Thank You for the Living Water
welling up within my soul.

Thank You...

In response, I will drink from the fountain of living
waters, and feed my soul on your abundance.
(Jeremiah 2:13; Psalm 63:5)

"He chose us....that we should be holy"
(Ephesians 1:4)

I am holy

Thank You for setting me aside for Yourself,
just like the best silver is set aside
for special occasions.

Thank You...

In response, I will keep myself holy, clean and set
apart for You alone. (1 Peter 1:15-16)

"He chose us in Him before the foundation of the world" (Ephesians 1:4)

I am chosen

Thank You for picking me for Yourself, like a groom marrying the bride he desires.

Thank You...

In response, I will walk in a manner worthy of Your choice, fulfilling the desires that are on Your heart. (Ephesians 4:1)

"[He] cherishes it, just as Christ also does the church" (Ephesians 5:29)

I am cherished

Thank You for adoring and treasuring me, like a groom holding his new bride in his arms, like a parent marveling over a newborn baby.

Thank You...

In response, I will abide in Your love, lingering in your embrace. (John 15:9)

"He chose us.... that we should be holy and blameless before Him" (Ephesians 1:4)

I am without blemish

Thank You that when You look at me, You do not focus on all my failures.

Thank You for focusing on the best part of me, the part You have perfected, my innermost being.

Thank You...

In response, today I will keep my body and soul unstained by sin and the world. (Ephesians 5:27)

"Now you are the light in the Lord" (Ephesians 5:8)

I am the light of the world

Thank You for making the light of Your life shine in me.

Thank You for making me your flashlight, shining into the darkness in my corner of the world.

Thank You...

In response, I will walk as a child of light, shun deeds of darkness, and yield to Your goodness and righteousness shining through me. (Eph. 5:8-14)

"He predestined us to adoption as sons"
(Ephesians 1:5)

I am God's child

Thank You for making me Your beloved child, in
whom You are well pleased, for allowing me to bear
your likeness, for making me Your pride and joy.

Thank You...

In response, I will honor the family name, living so
that others will see our family likeness. (Phil. 2:15)

"Put on the new self, which in the likeness of God
has been created" (Ephesians 4:24)

I am a new creation

Thank You for completely remodeling
my innermost being, my spirit.
Thank You that all things in me are truly new.

Thank You...

In response, I will lay aside my old ways and clothe
myself with behavior that fits the new me.
(Ephesians 4:20-24)

"...in Christ Jesus you who formerly were far off
have been brought near" (Ephesians 2:13)

I am close to God

Thank You for not holding me at arm's length.
Thank You for pulling me to Your side
in a prolonged embrace.

Thank You...

In response, I will cling to You and turn to You for
comfort. (Psalm 63:7-8)

"You were sealed in Him with the Holy Spirit of
promise" (Ephesians 1:13; 4:30)

I am secure

Thank You for enveloping me in Your love,
so that I am sealed, secure and safe.
Thank You for shielding and sheltering
me by Your Spirit.

Thank You...

In response, I will protect others and seek to create
a safe place for them. (John 17:11-12)

"Put on the new self....created in righteousness and holiness of the truth" (Ephesians 4:24)

I am righteous and holy

Thank You for making everything right in my innermost being.

Thank You for placing the Holy and living Spirit of Your Son in me.

Thank You...

In response, I will not grieve Your Holy Spirit with unrighteous or unholy behavior" (Ephesians 4:30)

"He predestined us to adoption" (Ephesians 1:5)

I am adopted

Thank You, Father, that I am wanted.

Thank You for coming to me, extending Your hand, pulling me to Your side, and making all the necessary arrangements to make me Your very own.

Thank You...

In response, I whisper, "Daddy, Father!" knowing that I am truly Your very own. (Galatians 4:5-6)

"In Him we have....the forgiveness of our trespasses" (Ephesians 1:7)

I am forgiven

Thank You that You now hold nothing against me.

Thank You for not expecting me to make up for the ways I have failed You.

Thank You...

In response, I will forgive and love others who hurt or disappoint me. (Ephesians 4:32)

"[We are] fellow partakers of the promise in Christ Jesus" (Ephesians 3:6)

I am promised great things

Thank You for making such priceless commitments to me.

Thank You for letting me experience what others strive to obtain.

Thank You...

In response, I trust fully in You and in Your promises, rather than in myself or any other. (Romans 4:20-21)

“....the surpassing greatness of His power toward us who believe” (Ephesians 1:19)

I am capable

Thank You that You love to show Your extraordinary power in me.

Thank You that I am therefore qualified and able to do whatever You want me to do.

Thank You...

In response, I choose to live in Your strength, embracing the challenges You bring into my life. (Eph. 6:10; Philippians 4:13; Colossians 1:29)

“[God] made us alive together with Christ” (Ephesians 2:5)

I am alive with Christ's life

Thank You that since you came into my heart, I am born again – born from above and bursting with real life.

Thank You...

In response, I will allow the living and Holy Spirit of Christ to live His life through me today. (Galatians 2:20)

“We have obtained an inheritance” (Ephesians 1:11)

I am wealthy

Thank You that as Your child I have an inheritance that provides everything I need.

Thank You that I will always have more than I need.

Thank You...

In response, I will be a generous giver rather than a selfish taker. (2 Corinthians 9:8)

“You are....fellow citizens with the saints.... God's household” (Ephesians 2:19)

I am an insider

Thank You for making me a true citizen in Your kingdom.

Thank You for making me a true member of Your household, no longer an outsider.

Thank You...

In response, I am eagerly preparing to come home to live with You, where I belong. (John 14:2-3)

"[God] seated us with Him in the heavenly places"
(Ephesians 2:6)

I am seated with Christ in heaven

Thank You for placing me with Christ in a position
of extraordinary privilege and authority.

Thank You for giving me the entitlements
others long for.

Thank You...

In response, I will set my mind on things above,
and not on things on earth. (Colossians 3:3)

"....the riches of the glory of His inheritance
in the saints...." (Ephesians 1:18)

I am praiseworthy

Thank You for filling me with Your glory.

Thank You for bragging about me as
Your prized inheritance.

Thank You...

In response, I will look for Your glory in others, and
will praise them often. (2 Corinthians 5:16-17)

"You also are being built together into a dwelling
of God in the Spirit" (Ephesians 2:22)

I am God's mobile home

Thank You for moving into my heart.

Thank You that I am now Your house,
Your temple, Your tent.

Thank You...

In response, I am yielding to Your loving presence
within, allowing You to fill me with all the fullness of
God. (Ephesians 3:17-19)

"....the riches of His grace, which He
lavished upon us..." (Ephesians 1:8)

I am favored

Thank You for making me one of Your favorites.

Thank You for hovering over me with special loving
attention, like a parent with a firstborn child.

Thank You...

In response, I will show favor to others, even when
they don't deserve it. (Luke 6:28)

"....to know the love of Christ....that you may be filled up to all the fullness of God" (Eph. 3:17-19)

I am loved

Thank You for loving me the way I long to be loved.

Thank You that I can't wear out Your love.

Thank You for continuing to win my trust by convincing me of the depth of Your love.

Thank You...

In response, I completely entrust myself to You, yielding to You as You fill me and fully live Your life through me. (Ephesians 3:19)

"In Him we have redemption [freedom purchased] through His blood" (Ephesians 1:7)

I am free from sin's power

Thank You for liberating me from my old master.

Thank You for saving me from my enemy.

Thank You...

In response, I will not let sin reign in me. Instead, I offer myself to You afresh, for You are my new Master. (Romans 6:12-13)

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