

Using the Flesh Illustrated Diagram

(Structure of the flesh as learned from history)

BASIC HUMAN NEED:

Questions:

- a) Who am I?
- b) What am I worth?
- c) Am I loved?
- d) Am I acceptable?

STEP 1. REJECTION EXPERIENCED

STEP 2. EMOTIONAL and RATIONAL:

Effect of the rejection
(feelings and beliefs about one's self)

STEP 3. COPING:

Mechanisms

